

SEPTEMBER 2024

As September dawns, we find ourselves in the midst of one of the most exciting times of the year on the farm. With summer winding down, it's a season of both reflection and anticipation. The fields are brimming with the fruits of our labor, and harvest season is just around the corner.. Let's embrace the changing season with a renewed focus on innovation and resilience. Here's to a fruitful September and a successful harvest!



Lexington, KY 40506

Livingston County CEA for ANR



Cooperative Extension Service Livingston County 803 U.S. Hwy 60 East.-P.O. Box 189 Smithland KY 42081 Phone: (270) 928-2168 Fax: (270) 928-4808 www.ca.uky.edu E-mail: DL_CES_LIVINGSTON@EMAIL.UKY.EDU

UPCOMING AG FALL WORKSHOPS, CLASSES & REMINDERS

- Growing Your Farm & Food Business-Wednesday October 23rd 2024
 9:30am-4:00pm at the Grand Rivers Community Center Grand Rivers, KY for questions contact the Livingston County Extension Office at 1.270.928.2168 Mon-Fri 8-4:30pm
- Multi County Bull Value Assessment
 Program This is a two day workshop
 October 14th & October 22nd 2024 both
 nights will be at 6:00pm located at the
 Marshall County Extension Office. Must
 RSVP to Marshall Co. Extension at
 1.270.527.3285
- Soil Samples & Forage Samples reminder: The first 25 are FREE! per Livingston County producer or farmer.

Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University. U.S. Department of Agriculture, and Kentucky Counties, Cooperating.



Disabilities accommodated with prior notification

TIME TO PLANT YOUR FALL GARDEN

Source: Rick Durham, UK extension horticulture specialist

As the summer warmth begins to wane, you don't have to bid farewell to the joys of cultivating your garden. This time between seasons offers a golden opportunity to plant a vibrant fall vegetable garden, promising an uninterrupted flow of produce throughout autumn. Alternating balmy days and brisk nights support a variety of cool-season vegetables for your family to enjoy.

Some of the best quality vegetables are produced during fall's warm days and cool nights. These environmental conditions add sugar to late-season sweet corn and cole crops, such as cauliflower and cabbage, and add crispness to carrots.

Fall vegetables harvested after early September consist of two types: the last succession plantings of warm-season crops, such as corn and bush beans, and cool-season crops that grow well during the cool fall days and withstand frost.

When planting a fall garden, group crops the same way you would in the spring; plant so taller plants don't shade out shorter ones. To encourage good germination, fill each seed furrow with water and let it soak in. Keep the soil moist until seeds have germinated. Be aware that cool nights slow growth, so plants take longer to mature in the fall than in the summer. You may use polyethylene row covers to extend the growing season of frostsensitive crops, such as tomatoes, peppers and cucumbers. This helps trap heat from the soil and protect the crop from chilly night temperatures. Often Kentucky experiences a period of mild weather after the first killing frost. If you protect frost-sensitive vegetables at critical times in the fall, you could extend the harvest season by several weeks.



Once these vegetables die due to lower temperatures, you may be able to plant cool-season crops in their place. Leafy greens like lettuce and spinach may grow into November or December under polyethylene row covers if outside temperatures do not drop below the teens. Be sure to allow for ventilation on sunny days to prevent overheating.

You may successfully seed or transplant the following vegetables now for fall harvest: beets, Bibb lettuce, broccoli, Brussels sprouts, cabbage, carrots, cauliflower, collards, endive, leaf lettuce, kale, mustard greens, spinach, snow peas and turnips. For more information about horticultural topics or classes near you,

contact the Livingston County Cooperative Extension Service.

Farmers Recipe of the Month



2-3 large cucumbers
2 tomatoes
1 yellow bell pepper
1 small red onion
¼ cup chopped fresh cilantro
½ cup black beans

Wash all vegetables. Finely chop cucumbers, tomatoes, pepper, and onion. Combine in a large mixing bowl with chopped cilantro. Drain and rinse beans and add to chopped vegetables. Add corn. If using canned corn instead of fresh, drain off liquid prior to adding to vegetables.

In a small bowl, mix together ranch

cooked

¹/₂ cup fresh whole kernel corn,

1 ounce package dry ranch dressing mix

1/8 cup cider vinegar

2 tablespoons sugar, optional

dressing packet, vinegar, and sugar. **Pour** dressing over vegetables and mix well. **Serve** immediately or refrigerate until chilled.

Yield: Makes 20, ¹/₂ cup servings.

Nutrition Analysis: 50 calories, 0 g fat, 130 mg sodium, 7 g carbohydrates, 2 g fiber, 70% Daily Value of vitamin C and 6% Daily Value of vitamin A



Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.

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DONT FORGET TO LIKE AND FOLLOW LIVINGSTON COUNTY AGRICULTURE AND NATURAL RESOURCES PAGE ON FACEBOOK!

Cooperative Extension Service

Livingston County

ANR

University of Kentucky College of Agriculture, Food and Environment



Cooperative Extension Marshall County 2081 Mayfield Highway 🜟 Benton, KY 42025 (270) 527-3285

very educational. 1

really enjoyed getting to

see things in action at

the mock auction

-past participant

"(BVAP) really assisted with understanding real world usage of EPD'S

-past participant

October 14th & 22nd 6:00PM

Free meal both nights!

@ The New Marshall County Extension Office

RSVP Required Call 270-527-3285

Bull Value Assessment Program

This two night program is designed to help producers make future bull buying decisions. This "mock" bull buying experience allows producers to fine tune their bull evaluating, selecting and purchasing skills at a live, no risk, auction simulation!

This program is a collaboration of the Marshall, Calloway, Graves, McCracken & Livingston County Extension Offices.

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Lexington, KY 40506



TO REGISTER! **NEW DATE!** NEW RETAIL CUTS FROM THE BEEF RIBEVE MEAT CUTTING DEMONSTRATION WITH DR. GREGG RENTFROW, UK MEAT SCIENCE SPECIALIST

GRAVES COUNTY EXTENSION OFFICE

Cooperative Extension Service

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CALL 270-247-2334

GROWING YOUR FARM AND FOOD BUSINESS WORKSHOP IN LIVINGSTON COUNTY

Unlock new opportunities for your agribusiness with KCARD staff and partners at our comprehensive workshops on funding, business planning, and more!

> OCTOBER 23RD 9:30 AM - 4 PM

GRAND RIVERS COMMUNITY CENTER 155 W CUMBERLAND AVE GRAND RIVERS, KY 42045



https://tinyurl.com/livingston-gyffb

REGISTRATION IS \$20. REGISTER IN THE LINK OR BY CALLING US AT (859) 550-3972!



Kentucky Center for Agriculture and Rural Development



Join us for an Informational class on: FALL PLANNING FOR **VEGETABLE GARDENS**

WITH SPEAKER: MATTHEW CHADWICK ANR FOR CALLOWAY COUNTY COOPERATIVE EXTENSION OFFICE

When: September 24th 2024

Time: 6:00pm

Where: Livingston County Cooperative Extension Office 803 US 60 East Smithland, KY 42081

Cost: FRFF!

TO RSVP CONTACT THE LIVINGSTON COUNTY COOPERATIVE EXTENSION OFFICE AT 1.270.928.2168 MON-FRI 8AM-4:30PM



ANR LIVINGSTON COUNTY COOPERATIVE EXTENSION

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